

Consider growing these hearty and healthy vegetables...

Carrots

Zucchini

Peppers

Onions

Potatoes

Rhubarb

Pumpkin

Squash

Corn

These are hearty veggies

With longer shelf life.

And don't forget your fruit trees...

We accept pears and apples too!



The St. Joseph Food Program is a 501(c)(3) non-profit, non-denominational organization that has operated since 1982. We distribute over 2.5 million pounds of fresh food and non-perishable items to 1000 families per week. We are funded solely by cash and food donations from individuals, churches, businesses and foundations.

St. Joe's has over 400 volunteers who help with the distribution of food.

For more information about our program visit us at:

www.stjoesfoodprogram.org

(920) 734-9461



St. Joseph Food Program, Inc.
1465A Opportunity Way
Menasha, WI 54952
(920) 734-9461
www.stjoesfoodprogram.org

Grow a Row for St. Joe's!

St. Joseph Food Program spends more than \$100,000 a year providing fresh produce for clients.

While St. Joe's partners with grocery stores to provide this produce, community demand is rising.

Grow a Row for St. Joe's gives you the opportunity to help meet this demand by growing produce in your own garden and enhancing the nutritional needs of our clients families.

- **It's simple!**

- **It's convenient!**

- **It's a fun way to support your neighbors!**

How does the program work?

It's simple.

- *Plant*
- *Grow*
- *Harvest*
- *Donate*



How do I participate?

It's convenient.

- Commit
- Grow
- Arrange for delivery or pick up

To join in the fun:

Contact Monica Clare at:
(920) 734-9461 or
monicasjfp@sbcglobal.net



Pictured: Eagle Scout Tom Huxtable of Neenah grew a few rows for St. Joe's! Summer 2009.

Yes! I will *Grow a Row* for St. Joe's! Commitment Form

(Also available online at www.stjoesfoodprogram.org)

Name: _____ Phone: _____ E-mail: _____

Address: _____ City: _____ Zip: _____

____ Please send me a newsletter, I would like to learn more about St. Joseph Food Program

____ Please accept my donation of \$ _____ (Made payable to: St. Joseph Food Program)

Return this commitment form to:

St. Joseph Food Program
1465 Opportunity Way
Menasha, WI 54952

Or, contact Monica Clare, Director of Operations at 734-9461

Thank you for your support