



Fighting Hunger. Sustaining Hope.

# SUMMER

Special Edition  
July 2015  
Volume 7, Issue 2

## newsletter

1465A Opportunity Way | Menasha, WI | 920-734-9461

new

We hope you are enjoying your summer. St. Joe's would like to take this opportunity to try out a new format for our newsletter. We hope you enjoy the new look!



## Volunteer Appreciation Dinner

This past April, we celebrated our annual Volunteer Appreciation Dinner with hundreds of our volunteers. Our theme for the event was "Sowing the Seeds of Hope." At the end of the evening, volunteers were invited to write an intention on a seed that would be planted in a very special garden. That garden is now blooming with good intentions like these:

- "To give hope for tomorrow"*
- "Warmth in the heart"*
- "Encouragement"*
- "Joy"*
- "Hope"*
- "Mercy"*
- "Compassion"*
- "The ability to dream"*
- "That all children have food"*

The volunteers at St. Joseph Food Program truly give great things to the people we serve, and we're so grateful for each and every one. Would you like to join the family of St. Joe's volunteers? Contact Leah, our Volunteer Coordinator, at 734-9461 ext. 302.

# Providing Opportunity **CHAMPion** OF CHANGE

*Taking care of our body – both inside and out – is an investment in our future.* For many reasons, when living on a low or limited income, there are many barriers to success. Because St. Joes cares about the health of the families who come to the program for their food, we have created **CHAMPion of Change**. This pilot program is a new opportunity we are thrilled to offer our clients. It was developed in partnership with UnitedHealthcare and is offered to qualified clients free of charge. There is limited space available so an application process is used to choose a small group of participants. UnitedHealthcare has also graciously presented CHAMPion of Change a grant of \$5,000 to fund the pilot. The money from this grant will cover costs, including the health coach and incentives. Incentives include items like gas cards, pedometers and materials totes.

Our inaugural group consists of seven women. Each person works with a personal health coach and a care management provider when necessary. Participants must commit to attend a monthly morning meeting and be available for weekly telephone contact with their coach. Individuals receive one-on-one as well as group coaching,

*"This program has been great for me because it's keeping me accountable which keeps me on track."*

*~ Susan, a program participant*

**CHAMPion of Change** is giving our clients the opportunity to meet people who can help them make positive changes in their lives by way of improving their health. Individuals set a health-related goal and we provide a support team who assists participants in reaching that goal. Goals may cover a variety of health concerns ranging from weight control to smoking cessation.

educational materials, support and encouragement, lots of helpful information from experts in the health field, and incentives along the way!

**Motivation is what gets you started and habit is what keeps you going.** This is our hope for the CHAMPion of Change participants!



# WHAT DOES YOUR GARDEN GROW?

This summer we are looking forward to a bountiful harvest of donated produce for our client families with the help from this great community and Mother Nature! Donations from your garden help us provide more nutritional options for families who come to St. Joe's each week. It doesn't get much better than locally grown, fresh and heartfelt! Drop off hours are from 7:30 to 11:30 a.m., Monday-Friday. And Monday evening from 5 to 7:30 p.m. Please enter through the donation door located on the northeast corner of our building. If you would like St. Joe's to pick up your donation, please give us a call at 920-734-9461 and ask for our Operations Manager, Joe Bellmore. Thanks for growing a row for St. Joe's!

Check out our video on our website. Select **About Us**, click on **SJFP in the News** and select the video **Program asks gardeners to "Grow a Row."**

## Join St. Joe's Hi-Five Club and Become a Recurring Donor

You know that feeling when you turn to the person sitting next to you at a sporting event and give a Hi-Five because your team scored or did something really amazing? Instantly you feel a positive connection.

**By joining St. Joe's Hi-Five Club** you will be making a connection with St. Joe's and the 4,000 individuals we touch every week. Your monthly gift will help to provide milk, eggs, fresh produce, staple items and meat **each month!** Please visit our website and

choose an amount that works for you... and give a Hi-Five to our families in need! It's convenient and you'll feel good knowing that you made the connection.

### **Benefits of your reoccurring gift:**

- For you, it's convenient and it's not one big donation at the end of the year.
- Recurring giving also provides St. Joe's a steady stream of support that helps us budget for monthly food expenses.



Follow us on our Facebook page, share a picture of you giving a hi-five and we'll post it to our Facebook page!



## CELEBRATING OUR VOLUNTEERS: BUSINESS PARTNERSHIP AWARD

The Business Partnership Award is sponsored by Secura Insurance. It is presented to a business and a nonprofit for supporting volunteerism and collaboration. “We are

proud to have received this award along with Aerotek,” said Leah Thibodeau, Volunteer Coordinator for St. Joes’.

# Quality OVER Quantity



With summertime now in full swing, we have been receiving donations in all departments, especially our fresh produce. We are extremely grateful for these donations. When it comes to food, St. Joe’s encourages quality over quantity. Many food programs have the most prevalent need for food over the summer when kids are home and are therefore not receiving free or reduced meals at school. We strive to provide our clients with good quality, nutritious food and we need your help to ensure this happens

year round. While we are very appreciative of all donations, we ask that you limit donations of processed, high calorie foods. Donating to our food program is in the spirit of helping others in our community. Taking that extra step and ensuring that what you’re donating is healthy is essential to our clients.



## Moo’vn for Milk Results: Winner of Most Funds Raised

Once again, because of the generosity of our donors, Aerotek for St. Joseph Food Program came in first in fundraising for the 2015 Human Race, raising **over \$26,000!** Learn more about our milk program on our website. Select **About Us**, click on **SJFP in the News** and select the video **Milk Money for St. Joseph Food Program**.

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1465A Opportunity Way  
Menasha, WI 54952

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**August 3**  
**Fox Cities Credit Union Charity Golf Outing**  
Royal St. Patrick's Golf Course

**September 16**  
**Faith Technologies Charity Golf Outing**  
Royal St. Patrick's Golf Course

**Starting October 1**  
**Annual Fund Drive/ Matching Gifts October**

**October 10**  
**Pacesetter St. Joe 5K Run/Walk**  
Bridgewood Resort, Neenah

**December 12**  
**Infant Welfare Circle Gala**  
North Shore Country Club

*To find out more about our upcoming events, visit us online.*




**DONATE**

Donate directly by visiting [stjoesfoodprogram.org](http://stjoesfoodprogram.org)

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**DONATION DROP OFF HOURS**

Monday-Friday 7:30 to 11:30 a.m.  
Monday evenings 5:00 to 7:30 p.m.

The donation door is located on the northeast side of the building. Look for the Donation Drop off sign.

**OUR MISSION**  
Supplementing nutritional needs of the economically distressed within our local community.