



Fighting Hunger. Sustaining Hope.

FALL

.....newsletter

Bi-Annual
November 2016
Volume 8, Issue 2

1465A Opportunity Way | Menasha, WI | 920-734-9461

Annual Fund Drive

WHOSE LIFE WILL YOU TOUCH THIS YEAR?



When you **donate directly to St. Joseph Food Program**, your investment stays in our community touching over 5,000 individuals each week.

Your donation has **value added.**

- Nutrition education
- Monthly CHAMP meal
- Food to children over the weekend.
- Referrals for dental, clothing, and housing.
- Food assistance to other local organizations.
- A smile and a kind word from our wonderful volunteers.

SUMMER IN REVIEW

Thank you so much! St. Joe's benefited from wonderful community support this past summer...take a look!



Students from Velocity Academy built raised beds for individuals in the community to Grow a Row for St. Joe's



WOW Logistics WeCare Charity BBQ Bash



Faith Technologies Golf Outing



Memorial Presbyterian Church volunteers



Fox Cities Chapter of Credit Unions Charity Golf Event



KC-IT Charity Golf Outing

Encouraging Families to Cook

Between Hello Fresh and Blue Apron and all the other subscription services available to send fresh ingredients directly to your door, it's clear that home cooking is having something of a come-back. Each month for the past 5 years, individuals and families who come to St. Joseph Food Program receive a new recipe to prepare, packaged in a basic brown bag with all necessary ingredients, just like the subscription services. Client families love these meals!

“CHAMP meals give me an opportunity to try something different. I look forward to each new recipe!”

CHAMP Meal Fettuccine with Roasted Tomatoes, Vegetables and Sausage



Ingredients:

- 19 oz. package italian sausage
- 8 oz. fettuccine pasta
- 1/2 teaspoon minced garlic *
- 1 can (14.5 oz.) diced tomatoes, drained
- 1 tablespoon olive or vegetable oil
- 1 medium yellow or red pepper, cut into 1/2 inch pieces
- 1-2 small zucchini, sliced (optional)
- 3/4 cup crumbled feta or shredded mozzarella cheese

* 1 clove of garlic equals 1/8 teaspoon garlic powder OR 1/2 teaspoon of minced garlic

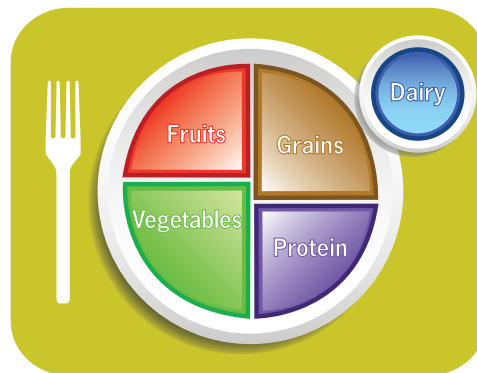
Directions:

- In a 9x13 inch baking dish, combine tomatoes, vegetables, and garlic.
- Drizzle with oil; stir to coat. Bake for 20 minutes at 450°.
- Meanwhile, prepare sausage links according to directions on package.
- Cool slightly. Cut into 1/2 inch slices.
- Add sausage to vegetables and bake for an additional 6-8 minutes (or until vegetables are crisp/tender and sausage is hot).
- Cook pasta according to package direction. Drain.
- Combine pasta with the sausage and vegetable mixture.
- Add cheese, if desired. Toss lightly, serve immediately.



Because Good Nutrition Does Matter

St. Joe's is again evaluating the types of food we accept and distribute. Using **MyPlate** as a guide, we are reviewing solutions to increase nutritional value in the groceries we distribute. In 2017 we will begin implementing these healthier options. Our hope is this change will make a positive difference in the health of our client families and protect donors who want to support programs that create positive change. We are not alone... Hunger Task Force in Milwaukee has just announced that they too have adopted the **MyPlate** model. (Available on their website at www.hungertaskforce.com)



Please think about the foods you donate or consider a cash donation. We will be happy to direct your donation to a specified fund to purchase **MyPlate** foods. Look for more information on our website in the weeks to come!

YOUR HI-FIVE TO ST. JOE'S

- \$25/month will provide Backpack Food Assistance to 3 children for 1 year!
- \$50/month will provide milk for a family of 4 for 1 year!
- \$75/month will provide CHAMP Meals for 375 families for 1 year

Give us your Hi-Five! Visit us at www.stjoesfoodprogram.org click on **Hi-Five**.

REACH FOR KIDS

Reach for Kids is a new programing area that encompasses the Backpack Food Assistance Program and other types of food assistance specifically focused on children.

Most recently, St. Joe's provided the Boys & Girls Club of Appleton and Menasha snacks for their summer programs and will continue throughout the 2016-2017 school year. Each day, children received either a milk or a no

added sugar juice box along with a healthy snack such as a granola bar, string cheese, or turkey meat sticks. Over 21,000 snacks were provided by you through your donation to St. Joseph Food Program, Inc.

Reach for Kids opens up other opportunities to pursue our mission by supplementing the nutritional food needs for children in our community.

"We were very fortunate to partner with St. Joseph Food Program. They provided all of our snacks for the summer for both Appleton and Menasha clubs. We are happy to announce that our partnership with them will now continue throughout the school year."

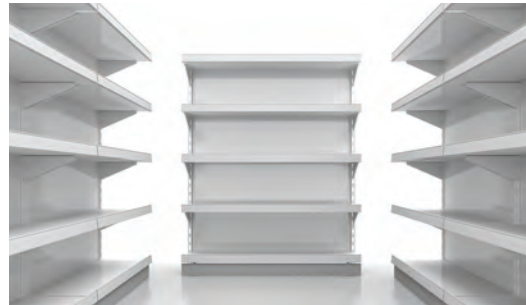
Holly Purgett | Healthy Habits Food Program Coordinator
Boys & Girls Club of the Fox Valley



OURSTORY

Since our humble beginnings in 1982, St. Joseph Food Program, Inc. has become Northeast Wisconsin's non-profit leader in providing nutritional food assistance to qualified individuals at no charge. We are a private 501 (C) (3) and don't receive government funding but rely on the generosity of this great community for monetary and food donations. Through outreach and pantry alliances, St. Joseph Food Program now touches over 5,000 individuals each week who are in need of food assistance in the Fox Valley region.

For a tour or additional information about St. Joseph Food Program, visit our website at www.stjoesfoodprogram.org or call **920-734-9461**.



PLAY HOST TO A FOOD DRIVE

Gather your family, friends and co-workers and host a food drive! We will help you with fun themed ideas and provide donation boxes, posters, signs and postcards to assist in your food drive effort. When you are finished with your drive, we'll pick up all of those wonderful donations. It's that easy! Head to www.stjoesfoodprogram.org and click on **Food Drives** or give us a call at 920-734-9461 ext. 308.

BOARD OF DIRECTORS

President

Steve Borden
Retired

Vice-President

Dennis Simon
Retired

Treasurer

Michael Dejno
Health Care Management Consultants

Secretary

Jeff Schweitzer
Community First Credit Union

Steve Burkhardt
Festival Foods

Lori Karls
U.S. Venture

Michael Meuli
Dieck Executive Search, Inc.

Tom O'Hearn
Retired

Michael Ryder
Alta Resources

Tom Schiltz
Founder, Emeritus

STAFF

Monica Clare
Executive Director

Ben Bavinck
Warehouse Assistance

Steve Clare
Warehouse Lead

SanDee Feller
Business Manager

Pachia Lor
Administrative Assistant

Scott Schefe
Operations Manager

David Shrofe
Warehouse Manager

Dean Sweere
Volunteer Scheduling Coordinator

Leah Thibodeau
Volunteer Engagement Leader

Karen Ziemke
Director of Marketing and Development

BACKPACK FOOD ASSISTANCE

Students are back in school and that means volunteers from many schools in our area will be picking up individually packaged bags of food for children who have been identified as having food insecurity over the weekend. These bags are packed by our volunteers and are placed in the children's backpack on Friday afternoons.



Fighting Hunger. Sustaining Hope.

1465A Opportunity Way
Menasha, WI 54952

RETURN SERVICE REQUESTED

NON-PROFIT
US POSTAGE
PAID
MENASHA, WI
PERMIT NO. 63

Annual Giving Issue!



Now to December 31
Annual Fund Drive

November 22
Santa Scamper

November 1 to
December 24
Woodman's
"Check Out Hunger"

November 14-30
Give a Pint - Give a Pound
Community Blood Center

*To find out more
about our upcoming
events, visit us online.*



DONATE

Donate directly by visiting
stjoesfoodprogram.org

DONATION DROP OFF HOURS

Monday-Friday 7:30 to 11:30 a.m.
Monday evenings 5:00 to 7:30 p.m.

The donation door is located on the
northeast side of the building.
Look for the donation drop off sign.

OUR MISSION

Supplementing nutritional needs,
free of charge, for the
economically distressed within
our local communities.