



Fighting Hunger. Sustaining Hope.

FALL

..... newsletter

Bi-Annual
November 2017
Volume 9, Issue 2

1465A Opportunity Way | Menasha, WI | 920-734-9461

Annual Fund Drive

GOAL OF \$550,000!

WHAT CAN I DO TO HELP?

Place your support where your heart is...

- Monthly CHAMP Meals
- Backpack Food Assistance for children
- Milk for individuals and families
- Or the area of greatest need?



YOU GOLFED FOR HUNGER THIS SUMMER

- **Kimberly-Clark-IT**
\$56,000
- **Chapter of Credit Unions**
\$25,000 to Stock the Shelves
- **Faith Technologies**
\$11,600 plus over 500 pounds of donated food!



Faith Technologies Golf Outing



Chapter of Credit Unions Golf Outing

Preserving THE DIGNITY

The face to face interaction that our clients receive from the volunteers at St. Joe's, is often as valuable, or more valuable than the food they bring home. Sometimes their visit to St. Joe's may be the only human interaction they get all day, or sadly, more common, all week.



St. Joe's Volunteer

"If simply asking someone how they are doing or giving them a smile brightens their day...then I've done my job!"

St. Joe's Client

"I wanted to thank everyone there. They were so kind. It was very difficult for me to come there for help and everyone there was so kind and understanding. Thank you for existing for people that need assistance for a short term or long term. This pantry really helped me through a bad time."

Preserving the dignity of individuals and families who come to St. Joe's is very important to how we operate. It is this face to face interaction that sets St. Joe's apart from many other food pantry programs.

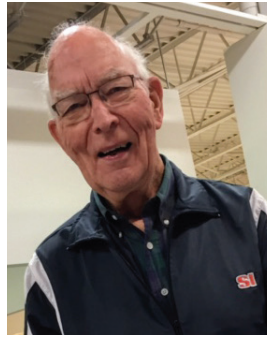
We understand there have been many needs across this great country of ours. Your local donation to St. Joe's is received with heartfelt sensitivity, so please know how grateful we are for your support!

THANK YOU

A Fond Farewell

After 23 years of service, Tom O'Hearn will retire from St. Joe's board of directors in December.

Tom's expertise has been essential to this organization as he served as procurement director for the Menasha building, past Vice President of the board of directors, committee member of the Building and Grounds and Operations Committees, and St. Joe's representative on the MOCA board. Tom has also spent many hours on St. Joe's trucks collecting donations, and is currently serving as an interviewer. We are happy to note we will still see Tom in his interviewer role on Friday mornings.



Thank you, Tom, for many years of servant leadership! Our hearts are full of gratitude!

Maintain, Don't Gain! Holiday Challenge



The staff at St. Joe's is accepting the challenge. We're inviting our clients and volunteers to join us and participate in the **Eat Smart, Move More, Maintain, don't gain! Holiday Challenge**. **November 13 through December 31.**

- 2 in 3 adults are considered to be overweight or obese.
- Weight gain of 1-5 lbs. is common during the holiday season.

- Holiday weight gain accounts for 51% of annual weight gain.

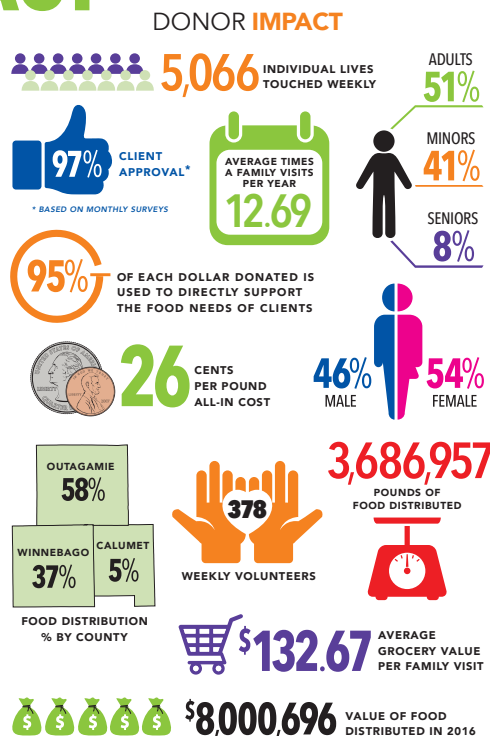
This seven-week program will offer participants a weekly newsletter that contains practical tips, strategies, recipes, and other information to help successfully navigate through the holiday season.

If you're interested, head to the website, and **join us**. The more the merrier!

Sign up at www.esmmweighless.com

DONOR IMPACT REPORT

Available upon request online at www.stjoesfoodprogram.org



CHAMP Meal



Mini Vegetable Pizzas

Ingredients:

- 1 can (16.3 oz.) Pillsbury™ Grands!™ Flaky Layers refrigerated Original biscuits
- 1 can (12 oz.) pizza sauce
- 1 bag (8 oz.) shredded mozzarella cheese



Optional:

- **PlusOne Option:** Fresh vegetables like mushrooms, tomatoes, onions, green peppers, red peppers, broccoli, cauliflower to name a few.
- Skip the pizza sauce and use fresh tomato slices as a bottom layer for a healthy low-sodium option.

Directions:

- Press each biscuit into 6-inch round. Place on 2 large or 3 small greased cookie sheets. Top each round with pizza sauce, cheese and vegetable options..
- Bake at 375°F 10 to 15 minutes or until bottoms are deep golden brown and cheese is bubbly.





Backpack Food Assistance Program

The school bell has rung and students have settled into class. Some students will experience difficulties that may be a direct result of not having enough food to eat at home. While it is our hope that families will come to St. Joe's for assistance, some children will not receive sufficient nutrition over the weekend and this is why the Backpack Food Assistance Program is so important to our area school districts. You have made a tremendous difference in the life of over 900 students who benefit from this program.

The Backpack program ...provides students who fall victim to food insecurity, with a steady, predictable resource that they can count on in a life that is not reliable nor predictable.

... and in the brief moments of joy when students open their backpack on Friday afternoons, these students know that they are loved.

I just want to say, on behalf of the hundreds of children who rely on the backpack program, I am eternally grateful for the support and the resource so students begin to know what it feels like to not go to bed hungry. Thank you!

– Emily Haffley, MS, Social Worker
Kaukauna Area School District

FREE AND LOCAL PARTNERS



St. Joseph Food Program is now a member of the Hunger Relief Federation of Wisconsin. This is a statewide association of **free and local partners** coordinating efforts to end hunger in Wisconsin. This is a collective force in our state, committed to feeding people in need. This past September staff members, **Monica Clare, Karen Ziemke, Leah Thibodeau** and **McKenzie Kline**, were presenters at the first conference held by the HRF in Stevens Point. St. Joseph Food Program continues to be a leader among Wisconsin food programs, and one of the most trusted nonprofits in Northeast Wisconsin. We were honored to be asked to serve.

WELCOME

Margie Weiss, PhD has joined the Board of Directors of St. Joseph Food Program, Inc. Margie brings over 45 years of nursing and public health experience. She has played a key role in the medical arena of the Fox Valley and has served on numerous boards. We are thrilled to have Margie join our St. Joe's team.



15,000+ POUNDS

Thank you! Your gardens produced over **15,000 pounds of produce** for our client families this summer!

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Retired

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1465A Opportunity Way
Menasha, WI 54952

RETURN SERVICE REQUESTED

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Annual Giving Issue!




**October 22 to
November 19**
Stock the Shelves

November-December
**St. Joseph Food Program
Annual Fund Drive**
Continues through **December 31!**

November 21
Santa Scamper



*To find out more
about our upcoming
events, visit us online.*



DONATE

Donate directly by visiting
stjoesfoodprogram.org

DONATION DROP-OFF HOURS

Monday-Friday 7:30 to 11:30 a.m.
Monday evenings 5:00 to 7:30 p.m.

The donation door is located on the
northeast side of the building.
Look for the donation drop-off sign.

OUR MISSION
Supplementing nutritional needs,
free of charge, for the
economically distressed within
our local communities.

CONNECT WITH US

