

# NOURISH

BI-ANNUAL NEWSLETTER | WINTER 2018

## 2018 ANNUAL FUND DRIVE

FIGHTING HUNGER.  
SUSTAINING HOPE.

**\$500,000**  
Fundraising  
goal for this  
year's campaign

“ I started using **ST. JOE'S** when I lost my job and needed help **FILLING IN THE GAPS.** Everyone here is a great person.

You **DON'T FEEL JUDGED.** ”

– Shane

LEARN MORE ABOUT SHANE'S STORY INSIDE ▶▶▶



Fighting Hunger. Sustaining Hope.

# INSIDE THE NUMBERS

St. Joe's has a long history with many of our volunteers. We are blessed with their dedication to helping our client families!

26

Volunteers of 20+ years

52

Volunteers of 15+ years



*"I always leave feeling like I got more than what I gave."*

- Sarah McRae  
Friday Volunteer

84

Volunteers of 10+ years

155

Volunteers of 5+ years

212

Volunteers of 3+ years



## SHANE'S STORY

Shane and his family have been coming to St. Joe's for food assistance off and on for the past several years. With Shane's job loss last year, he found himself in need of supplemental food assistance to "...fill in the gaps where food share left off. I don't always need the extra help, but it has been helpful to know I can come here. Everyone here is a great person...they make it simple to get help if you need it. You don't feel judged. **St. Joe's is here to help.**"

## HYDROPONIC GARDEN UPDATE

Fresh leafy greens, grown inside at St. Joe's are gracing the tables for our clients! The hydroponic gardens are up and running...with 4 more units being installed soon! Making a difference in people's lives through nutrition is possible because of your generosity.



*"It's as fresh as it gets! And when you get it home it tastes that way."*

- Cassandra, St. Joe's client

## FASTPASS

### COLLABORATION BETWEEN SJFP AND FISC

*"The poor don't want paternalism, they want opportunity—they don't want the servitude of welfare, they want to get jobs and private property. They don't want dependency, they want a new declaration of independence."<sup>5</sup>*

~ Excerpted from a speech by the late Jack Kemp, former Housing and Urban Development (HUD) Secretary

The **Fastpass program** helps clients see the financial value of using St. Joe's for their weekly

food needs, not just from a nutritional standpoint, but a real financial benefit. For instance, when a family visits FISC for financial counseling, the family will be offered a referral to St. Joe's. A family of 3-5 may realize a savings of up to \$600/month by visiting the pantry. This savings can be included in their financial plan, making it possible to realize their goals more quickly and the hope of raising them out of poverty.

## WELCOME NEW BOARD MEMBERS



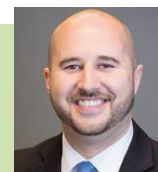
**Deborah Beyer**  
University of Wisconsin Oshkosh



**Kurt Gilhart**  
Festival Foods



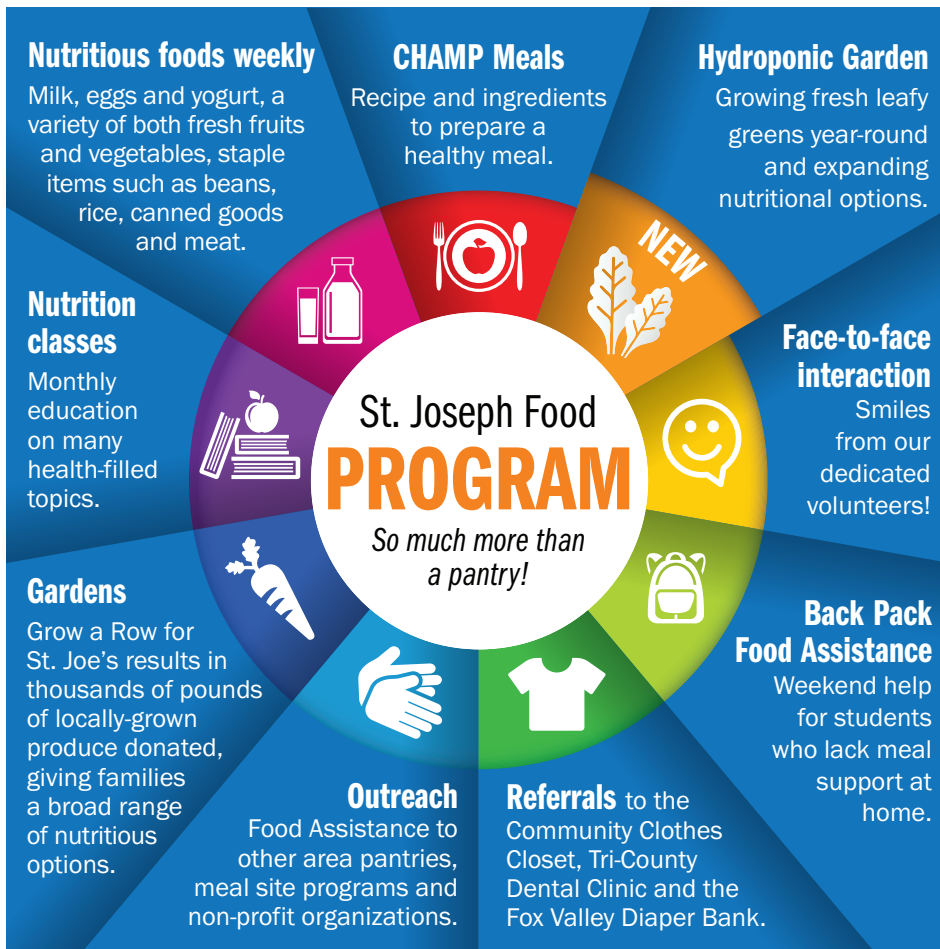
**Ed Perez**  
SSM Health



**Garrett Reeves**  
Wells Fargo



**Tommy Wroblewski**  
Wroblewski Law



## CHAMP Meal

### Creamy Pumpkin Chili

#### Ingredients

- 1 lb ground turkey
- 1 green pepper, diced
- 1 onion, diced
- 1 (15 oz) can pumpkin puree
- 1 (15 oz) can pinto beans, drained
- 1 (15 oz) can black beans, drained
- 1-1/2 cups water
- 2 (14 oz) can diced tomatoes, not drained
- 1 tbsp chili powder
- 1 tsp garlic powder
- Salt and pepper to taste

#### Instructions

1. In a large soup pot, brown ground turkey with pepper, onion, and a drizzle of oil.
2. As the turkey and veggies are cooking, sprinkle over chili powder and garlic powder. (Optional: Add 1 tbsp cumin and 1 tsp onion powder)
3. When the turkey is cooked through, and veggies are tender, add pumpkin puree, beans, water, and tomatoes.
4. Cover and simmer until ready to eat.

## Be part of the legacy of St. Joe's...

Turn your annual gift into a perennial gift. By planning now, continue to help our community year after year, long after you are gone. Please consider planning for future gifts to St. Joseph Food Program through your trust, will, insurance or retirement assets.

**For more information** please contact St. Joseph Food Program or visit our website at [www.stjoesfoodprogram.org](http://www.stjoesfoodprogram.org)

**? Did you know** giving stock can be more beneficial than giving cash? If you have stock in your investment portfolio that has risen significantly in value since you bought it, you may be better off donating the stock instead of cash. Doing so can boost your tax savings, allowing you to give more or simply enjoy the fact that the contribution costs you less money.

## BOARD OF DIRECTORS

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*Retired*

### Vice-President

Dennis Simon  
*Retired*

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*Health Care Management Consultants*

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*Community First Credit Union*

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*University of Wisconsin Oshkosh*

Kurt Gilhart  
*Festival Foods*

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*Lamers Dairy*

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*SSM Health*

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*Weiss Health Group, LLC*

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*Wroblewski Law*

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Pachia Lor  
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*Operations Manager*

Leah Thibodeau  
*Volunteer Engagement Coordinator*

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Fighting Hunger. Sustaining Hope.

1465A Opportunity Way  
Menasha, WI 54952  
920-734-9461

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St. Joseph Food Program subscribes to the **Donor Bill of Rights**.  
Find the complete bill at [www.stjoesfoodprogram.org](http://www.stjoesfoodprogram.org)

upcoming  
**events**

Visit [stjoesfoodprogram.org](http://stjoesfoodprogram.org)  
for more details on upcoming  
events and fundraisers

**NOVEMBER THRU  
DECEMBER 31**  
Annual Fund Drive ▶

**NOVEMBER THRU  
DECEMBER 31**  
Meijer Simply Give  
with **DOUBLE MATCH DAY**  
on **TUESDAY, DECEMBER 7**

Shane  
St. Joe's Client

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**2018 ANNUAL FUND DRIVE**  
FIGHTING HUNGER. SUSTAINING HOPE.

St. Joseph Food Program, Inc.  
Fighting Hunger. Sustaining Hope.

# DONATE

**ONLINE**  
[stjoesfoodprogram.org](http://stjoesfoodprogram.org)

**STOP BY/DROP-OFF**  
Mon.-Fri. 7:30-11:30 a.m.  
Mon. Evenings 4:30-7:30 p.m.

**BY MAIL**  
St. Joseph Food Program  
1465 Opportunity Way  
Menasha, WI 54952

**OUR MISSION**  
Supplementing nutritional needs,  
free of charge, for the  
economically distressed within  
our local communities.

CONNECT WITH US   