

UPCOMING EVENTS

NOVEMBER 21
Santa Scamper

NOVEMBER 28
Giving Tuesday

NOW-DECEMBER 31
Annual Fund Drive

DONATE TO ST. JOE'S



Online
stjoesfoodprogram.org



Stop By or Drop Off
Monday through Friday
See food donation hours ▶



By Mail
1465A Opportunity Way
Menasha, WI 54952

FOOD DONATION HOURS

Monday

7:30 a.m. – 12 p.m., 4:30 – 6:30 p.m.

Tuesday & Thursday

7:30 a.m. – 1 p.m.

Wednesday & Friday

7:30 a.m. – 12 p.m.

HOST A FOOD DRIVE

Suggested food items include cereal and oatmeal, canned vegetables, canned fruit, canned chicken and tuna, soup, meal mixes and sides, peanut butter and jelly, sugar free items, low sodium items, and gluten free items.

Contact us at (920) 734-9461 to set up your food drive today!

FUN WAYS TO INCORPORATE A FOOD DRIVE



Grocery Store Trip

A trip to the grocery store with friends or family! See how many nonperishable items you can fit in your arms –whoever can hold the most gets treated to ice cream. Then celebrate by going out to dinner together.



Holiday Party

Holiday party for work? Incorporate a fun competition! Have each team create a structure of nonperishable food items. Have partygoers vote for the best creation, and that team wins lunch.



BBQ or Bonfire

Have everyone bring a nonperishable food item to your next backyard BBQ or bonfire.



Birthday Party

Have a birthday party coming up? Have everyone bring a food donation as a party favor for St. Joe's!

Are you interested in doing a food drive with your family, friends, or coworkers?

Here are some fun and easy ways to incorporate a food drive in your community!

NOURISH

ANNUAL NEWSLETTER | FALL 2023

THE FACES OF ST. JOE'S

St. Joe's wouldn't be where we are today without the amazing people that have joined us. Our volunteers, agency partners, staff, clients, and donors make St. Joe's the organization it is today! Read some of their stories in our newsletter and meet some of the Faces of St. Joe's.



THE FACES OF ST. JOE'S



In this Fall edition of our newsletter, "The Faces of St. Joe's," you will read stories from some of the key people who have assisted St. Joe's in becoming a premier nonprofit organization in the Fox Valley region.

Many families are suffering from difficult economic conditions that get in the way of their ability to maintain self-sufficiency. You will hear the story of one of these clients as she describes her struggles and how YOU, through St. Joseph Food Program, are making a difference for her.

One of our outreach partners, Harbor House, will talk about the impact YOU have on the greater community through food assistance to other nonprofit organizations.

You will be touched when you read, through the words of a school social worker, the impact of the Backpack Food Assistance Program on students in our region.

Menasha Corporation has been a long-time supporter of St. Joe's through grant gifts and the Menaster's Charity Golf Event. Included in this edition is Menasha's story about why they believe St. Joseph Food Program is a worthy recipient of their financial support.

Last, our volunteers play a vital role in the operations of St. Joe's. Each job that volunteers fill makes our mission possible. You will read why 18-year veteran, Al Kahl, has spent so many years donating his time at St. Joe's.

We appreciate all who give of their time, talent, and treasure to support the mission of St. Joe's. Thank you for "Fighting Hunger. Sustaining Hope."

Monica Clare

Monica Clare
Executive Director

VOLUNTEER SPOTLIGHT: AL KAHL



"Back a while ago, you could get day-old bread that had baseball cards included. I would pick those up, take the baseball cards out and give the bread to St. Joe's when they were back at St. Joseph Parish. I have always thought that nobody should have to go hungry, and it feels good to do something for people in need.

I started volunteering here in 2005 when my sister-in-law volunteered, and my wife and I had just retired. My parents had always volunteered, they helped as wildlife center volunteers and my brother is a minister. You could say it is in my genes to volunteer. My favorite part of volunteering at St. Joe's is seeing people, meeting the clients, and being outside helping clients when they come for food.

FUN FACT: Last year we had **262** individual volunteers donate a total of **17,564** hours of their time! **126** of those volunteers are also financial supporters.

I would tell anyone who wants to volunteer here to do it. Once you start, you'll get hooked. You never know, it could be you who needs help tomorrow, that's why St. Joe's is so important." – Al Kahl

BACKPACK FOOD ASSISTANCE PROGRAM SPOTLIGHT: AMY CONWAY



"I have been working with the St. Joe's backpack program for the past several years. The weekend food bags have been very helpful to the students we serve at James Madison Middle School. I work closely with staff to look for signs that a student may need extra food support at home. Students are able to receive breakfast and lunch during the week at school for free or a reduced cost, based on need, but the weekends may be tough depending on the family's current situation. The weekend food bags help provide nutrition for those students, so they can concentrate

better in school and can maintain their health; mentally, emotionally and physically. Our students rely on the bags and look for them each week. If St. Joe's was unable to provide this program, it would impact students' school performance and well-being. Madison Middle is so incredibly grateful for St. Joe's support and partnership in our school community!" – Amy Conway, James Madison Middle School

AGENCIES WE SUPPORT: HARBOR HOUSE



At Harbor House, we have a Food Pantry Team of volunteers that comes in each Tuesday morning to clean the kitchens, pick up food from St. Joe's and stock the kitchen pantries and refrigerators for the week. This dedicated team keeps our kitchens running smoothly with food from St. Joe's. Clients are able to have many different food choices and the independence to pick out and make nutritious meals

for themselves and their children. This gives clients a sense of normalcy when the rest of their lives might not feel normal. Food and safe housing are basic human rights: to be able to provide that for our clients is why we are here.

If not for St. Joe's, we would need to purchase all food for shelter. This saves us hundreds of dollars and time each week that we can use for other emergency services. Harbor House is the largest domestic violence shelter in Wisconsin, with 68 beds. We need to provide three meals a day to all people living in shelter, which would be a huge cost, if not for St. Joe's.

St. Joe's has a lot of different food choices, supported by donations from community members and businesses. They have culturally specific foods for all clients, which is so important to us to be able to serve all our clients with their food needs. One of the ways St. Joe's is supported is by food drives: if you are looking to get involved, please host a food drive or volunteer at the pantry. Food drives support so many clients living with food shortages, as well as area shelters.



OUR MAJOR DONOR: MENASHA CORPORATION



Menasha Corporation's Foundation has four pillars where we focus our support, and one of those pillars is around promoting Safe & Healthy Citizens...where we focus on helping our communities meet the basic needs for food, shelter, and healthcare for those in need of these basic requirements.

The St. Joe's mission and the work they do every day is directly aligned with this foundational pillar which is why we are proud to support their team both financially, as well as with volunteer hours from our employees to ensure those in our community have access to these basic needs.

Our employees at Menasha have a passion for giving back to all of the communities where we operate, and St. Joe's has given us all an opportunity to do that, and make a positive impact, right here at home. It's very easy to volunteer... a small team can make significant impact to our community packing, loading, and distributing groceries locally for a couple hours. – Mike Riegsecker, President, Menasha Packaging

CLIENT SPOTLIGHT: ABIGAIL

I have been a client at St. Joe's since 2006 right after I retired. I started coming to St. Joe's simply out of grocery needs, I didn't have transportation and am homebound, and food is also so expensive I couldn't afford it otherwise. Now I am able to eat healthy foods without having to worry about the cost. Without the food through St. Joe's, I would simply go without. Trying to find people to give me a ride places and being able to afford food each week makes for a really difficult situation. I am blessed that St. Joe's has always been there when I needed them. Even if I needed groceries and didn't completely qualify at the time for pantry services, they would still make sure I had food to take home. They are always a constant in my life, and I know I can always depend on them. I would tell anyone in the community who needs assistance to call St. Joe's, there are a lot of good people there doing a lot of good things.



BOARD OF DIRECTORS

2023

PRESIDENT

Jeff Schweitzer 8 years
Community First Credit Union

BOARD TREASURER

Michael Dejno 17 years
Healthcare Management Consultants

SECRETARY

Mike Ryder 9 years
Kmax Solutions

Debbie Beyer 4 years
University of Wisconsin Stevens Point

Steve Borden 14 years
Retired, Alta Resources

Jake Buman 1 year
Community First Credit Union

Jane Frieders 1 year
Retired, Kimberly-Clark

Kurt Gilhart 4 years
Festival Foods

Lori Karls 7 years
US Venture

Michelle Mauk-Lacy 6 years
Retired, Lamers Dairy

Dan Miller 2 years
Pierce Manufacturing

Ed Perez 4 years
Retired, SSM Health

Garrett Reeves 4 years
Wells Fargo

Kathleen Healy 1 year
Direnzo Law

2022 IMPACT NUMBERS

50,100

eggs distributed

2,730,283

pounds of food distributed

55,751

gallons of milk distributed

6,000

CHAMP meals distributed

1,304,356

pounds of food donated

7,669

lives touched each week



44,000

pounds of produce donated through Grow a Row program



262

active volunteers at St. Joe's Food Program



42,810

backpack food bags distributed per week

64

deliveries each week to homebound clients

90

accounts registered for our Food Farmacy Program




In 2022, we distributed 2,730,283 pounds of food to our pantry clients and outreach agencies including homeless shelters, social service organizations, and other partner agencies, a value of \$4,568,394. Community members generously provided 1,304,356 pounds of food through food drive donations, which is a value of \$2,779,041.

We continue to see an increase in pantry visits year over year. Rising food costs are affecting individuals and families, even those receiving government food assistance. According to the USDA (United States Department of Agriculture), in 2022 food prices increased by 9.9%. Food-at-home prices increased by 11.4%, while food-away-from-home prices increased by 7.7%. All food price categories tracked by USDA, ERS increased by more than 5%, and all food categories grew faster than their historical average rate. Due to the increase in food prices, we are also seeing a decrease in the amount of food donations that we have previously seen. Because of this, we have created a new way for individuals to make a significant impact on food donations, our new program is called Food of the Month!

Food is what drives us, and it is no surprise that much of our food supply comes from donations. We welcome nonperishable food items all year long, but sometimes our generous supporters do not know exactly what we need. To remove the guesswork around food donations, we are focusing on a specific need each month.

FOOD OF THE MONTH FORECAST

HELP US REACH OUR GOAL EACH MONTH!

<p>AUGUST 2023 1,000 jars of peanut butter</p>	<p>SEPTEMBER 2023 1,000 jars of jelly</p>	<p>OCTOBER 2023 2,000 cans of tuna fish</p>
<p>DECEMBER 2023 1,000 boxes of cereal</p>	<p>JANUARY 2024 1,000 boxes of pasta noodles</p>	<p>FEBRUARY 2024 1,000 jars of pasta sauce</p>
<p>MARCH 2024 1,000 cans of canned chicken</p>	<p>APRIL 2024 1,000 boxes of meal mixes</p>	<p>MAY 2024 1,000 jars of peanut butter</p>
<p>JUNE 2024 1,000 jars of jelly</p>	<p>JULY 2024 2,000 cans of tuna fish</p>	 <p>Donate today or shop our Amazon wishlist!</p>



WELCOME TO THE TEAM

Heather Du Vall

St. Joe's would like to introduce the newest member of the St. Joe's team, Heather Du Vall, our Development Director. Heather comes to St. Joe's with ten years of experience in the nonprofit sector, a master's degree in business administration and nonprofit management, and experience with her family's own nonprofit based in Green Bay. When she is not meeting with community members or working with donors, Heather can be found enjoying time outside with her daughter and husband or volunteering with other local organizations.



"Everyone at St. Joe's is truly amazing. It is inspiring and humbling to step into a place so full of history and love each day. I feel so lucky to be able to serve this organization and our community together."

Kristy Kemper

We would like to give a warm welcome to Kristy Kemper, one of our new St. Joe's staff members! Kristy has been the Administrative Assistant since March and is responsible for working with volunteers, new and renewing clients, and administrative duties. Kristy provides a warm, welcoming experience for everyone entering our building, and we are so glad to have her at St. Joe's. When she is not assisting our pantry operations, she can be found at Timber Rattlers games, Bay Beach, or a concert with her son and husband.



"I graduated from UW-Whitewater in Occupational Safety. Prior to coming to St. Joseph Food Program, I worked at Faith Technologies and N&M Transfer as a Safety Coordinator. Being a part of the mission of fighting hunger and sustaining hope has been an amazing experience. I have been enjoying getting to know the clients, volunteers, board members, and staff."