



Fighting Hunger. Sustaining Hope.

1465A Opportunity Way
Menasha, WI 54952

RETURN SERVICE REQUESTED

NON-PROFIT
US POSTAGE
PAID
MENASHA, WI
PERMIT NO. 63

Upcoming Events

St. Joe's Annual Fund Drive

October 1st – December 31st 2011
with a fundraising goal of \$80,000.

100% of the money donated to the Annual Fund Drive will go towards the purchase of food for the 1000 client families who use our program each week.

Pace Setters 5K Run/Walk Benefit for St. Joe's

Saturday, October 15th

This is the 18th year that the Pace Setters club has been hosting this run with all proceeds going to St. Joe's. Participants are asked to bring a donation of non-perishable food. Register on line at www.active.com.

Stock the Shelves

October 16th- November 20th

This annual fundraiser is sponsored by the Post Crescent and raises money from readers and community partners supporting area food pantries. St. Joe's benefits greatly from this event, last year receiving \$130,000 .

Boy Scout Food Drive ~ Saturday, October 22nd

Help Local Boy Scouts Do a Good Turn. Participate in the 24th Annual Scouting for Food Drive!

*Participation is easy!
Drop your donation here
during business hours through
Friday, October 21st:*

*Or place your donation
on your doorstep
for Scouts to pick up
by 8:00 AM on
Saturday, Oct. 22nd.*



SUGGESTED ITEMS:
Cereal, Soups,
Chili, Beef Stew,
Peanut Butter

CANNED ITEMS:
Meats, Milk,
Fish, Sauces,
Fruits &
Vegetables

*Please – nothing
perishable or
in glass!*

Help us collect **500,000** containers this year! All items remain local.

Scouting for Food made possible through the generosity of our Community Investors:

U.S. Venture/Schmidt Family Foundation, Inc.
Community Foundation for the Fox Valley Region
Robert Dohr & Lilas Dohr Charitable Fund
Rotary Club of Appleton West Foundation
Fox Valley Technical College





Fighting Hunger. Sustaining Hope.

1465A Opportunity Way

Menasha, WI 54952

920-734-9461

Fax: 920-734-9594

www.stjoesfoodprogram.org

What Did Your 2010 Donation Provide?

- Increased outreach to other agencies; providing food free of charge to these programs.
- Monthly CHAMP Meals
- Nutrition education
- Distribution of over 2½ million pounds of food.
- The ability to continue a high level of service to 11,000 individuals

Sample of what a family of 4 might receive in a week:



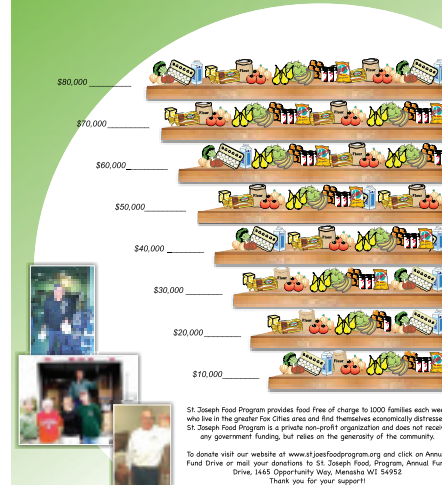
- 2 loaves of bread
(ex: whole wheat, white, artisan)
- 1 package of buns
- 2 bakery treats
(ex: brownies, cake, donuts, cookies)
- 2 gallons of milk
- 4 containers of yogurt
- 1 dozen eggs
- Fresh Fruit
(ex: apples, oranges, bananas, pears, berries, melon, grapes)
- Fresh Vegetables
(ex: carrots, cabbage, potatoes, peppers, cucumbers, beans)
- 1 lb. of meat
(ex: chicken breasts, ground beef, sausage links, bacon)
- 1 jar of peanut butter
- 1 lb. spaghetti noodles
- 1 jar of spaghetti sauce
- 1 jar of dill pickles
- 4 packages of Mac & Cheese
- 2 boxes of cereal

Selection will vary depending on in-kind donations received and program food budgets.

Annual Fund Drive

Our goal for this year's Annual Fund Drive is \$80,000. You will find a fund drive envelope enclosed in this newsletter. Please consider donating to our Annual Fund Drive and make an impact on the 1000 families we serve each week. Your contribution will also impact our increased outreach to other area programs for their food needs: COTS, Harbor House, Hortonville Community Pantry located in Dale, Fox Valley Warming Shelter, Loaves and Fishes of Appleton, Christine Ann Center, Ruby's Pantry and several school back pack programs; averaging an additional 500 families per week. The money raised from this year's Annual Fund Drive will also be used for free nutritional programming for clients of St. Joe's and for operational expenses.

Help Us Fill Our Shelves!
2011 Annual Fund Drive
Fundraising Goal of \$80,000



St. Joseph Food Program provides food free of charge to 1000 families each week who live in the greater Fox Cities area and find themselves economically distressed. St. Joseph Food Program is a private non-profit organization and does not receive any government funding, but relies on the generosity of the community. To donate visit our website at www.stjoesfoodprogram.org and click on Annual Fund Drive or mail your donations to St. Joseph Food, Program, Annual Fund Drive, 1465 Opportunity Way, Menasha WI 54952. Thank you for your support!

CHAMP Program at St. Joe's is in Full Swing

After one year, we have distributed 12 monthly CHAMP meals, provided education on topics like:

- The USDA's new MyPlate guide for healthy eating (replacing MyPyramid) with focus on fruits and varying veggies.
- Promoted June Dairy Month with education on the nutritional value of milk.
- **"EAT THE RAINBOW"** Children learned the nutritional value of foods of different colors while touring the garden located on our property.
- Back to School nutrition for sack lunches



In our continued effort to partner with local agencies to promote healthy eating, we welcomed Sarah Heidorf, intern with Winnebago WIC program. Sarah demonstrated recipes incorporating vegetables into traditional foods. It was wonderful to see how well clients of all ages responded. Clients often remarked, 'they didn't like veggies but really liked this!' That is exactly the idea CHAMP is promoting. Sampling new, healthy foods can be an integral part of helping people realize that they actually do enjoy foods like vegetables that they might have previously avoided.

Our Mission:

The St. Joseph Food Program is a private, non-profit, non-denominational Christian based organization created to provide food needs at no cost to those individuals and families in the greater Fox Cities area who find themselves economically distressed. This service is available to anyone who qualifies as having an income below nationally established poverty levels.

Lifetime Achievement Award

Tom Schiltz was awarded the Lifetime Achievement Award at this year's Annual Volunteer Appreciation Dinner. As the founder of St. Joseph Food Program and current board member, Tom so deservedly earned this award. It was after hearing a news report in 1982 about a local company laying off 400 employees, that Tom asked himself, 'What would I do if I found myself in the same situation but more importantly, how can I help those who are currently unemployed?' With the help of dear friends and community contacts, St. Joseph Food Program emerged. Tom was humbled by the show of appreciation and noted, "The volunteers and staff have made St. Joe's what it is today. For me it was the Lord guiding me to what he wanted done...So many have done so much! We must always remember that we could not function without the people who donate to this great program."



Tom was accompanied by many of his family. Pictured are l-r, Steve Schiltz, Ann Turner, Kathleen Schiltz, Larry Schiltz. Front row, Tom Schiltz and his wife Jan.

Mercedes Benz Tennis Tourney

It was a great match! Bergstrom Enterprise and Fox Cities Racquet Club hosted the Mercedes Benz Tennis Tournament with all proceeds benefiting St. Joe's. After a full day of tennis, raffle prizes and a lovely reception a total of \$6800 was raised from this event.



Community Foundation Fox Valley Region is celebrating 25 years and giving a total of \$187,000 to 25 charitable organizations!



St. Joseph Food Program at www.cffoxvalley.org (category 4)

From Oct. 16-25, click on the 25 for 25 Charity Challenge icon. Help us win a \$25,000 endowment or \$2,500 grant.

Spread the Word! You may vote once per day during the voting period.

Meet Crisanne Warner

Crisanne is our new volunteer Dietician at St. Joe's replacing Lynn Stiff who is off to Medical School at the University of Wisconsin. We wish Lynn all the best and thank her for the wonderful contributions she made to our program.

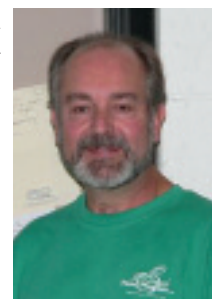
Crisanne is from the great state of Oregon and has a Bachelor of Science Degree in Nutrition/Dietetics. She completed a dietetic internship with UW-Green Bay, interning at St. Joe's. We are thrilled to have her back! Crisanne will oversee and expand the CHAMP nutrition program.

On a personal note, Crisanne enjoys cooking, writing, hiking and classical violin. "I'm learning to become a Packer fan the longer I live in Wisconsin!" Crisanne added. Welcome Crisanne!



Welcome Jim Wanek

Jim is our new Maintenance Supervisor. He was born and raised in the Fox Cities. Jim has been married for 27 years to his wife Beth. They have a love of dogs and currently have a Golden Retriever named Bailey. Jim has a passion for restoring old cars in his spare time.



2011 Board of Directors and Staff

Steve Borden	<i>President / Governance Committee</i>	Michael Meuli	<i>Development / Operations Committee</i>
Tom O'Hearn	<i>Vice-President / Operations Committee</i>	Carol Burns	
Michael Dejno CPA	<i>Treasurer / Finance Committee</i>	Staff Contacts	
Doug Sachs	<i>Secretary / Finance & Operations Committees</i>	Monica Clare	<i>Director of Operations</i>
Steve Burkhardt	<i>Development Committee</i>	Lori Seeke	<i>Office Manager</i>
Mark Farrell	<i>Operations Committee</i>	Shari Waldron	<i>Volunteer Coordinator</i>
James Hyde	<i>Development Committee</i>	Karen Ziemke	<i>Development Director</i>
Dorothy Johnson	<i>Development Committee</i>	Debbie Plachinski	<i>Administrative Assistant</i>
Dennis Simon	<i>Governance Committee</i>	Jim Wanek	<i>Maintenance Supervisor</i>
Lou Blasczyk	<i>Development & Finance Committees</i>		
Tom Schiltz	<i>Founder / Development Committee</i>		

Charity Golf Outing

The Fox Cities Chapter of Credit Unions held its 10th annual charity golf outing, donating all proceeds to Stock the Shelves 2011, which officially kicks off Sunday, October 16th and ends Sunday, November 20th. The golf outing, held at Ridgeway Country Club, was a fun and well organized event.



Pictured left to right: Denny Simon (SJFP Board Member), Joe McGrane, Ray Germonprez and Steve Borden (SJFP Board President)

Several board members and staff golfed in the outing. Event chairman Chip Coenen, vice president of business development at Lakeview Credit Union, doubled last year's totals and raised \$13,000 this year. St. Joe's benefits from the Stock the Shelves campaign. We are grateful to the credit unions who sponsored this event and all who support Stock the Shelves!

Grow A Row for St. Joe's



Volunteer Fred Steenis donates produce from his own garden.

Grow A Row for St. Joe's is an opportunity to help us meet the rising demand for produce. By donating from your own garden, you can help meet the nutritional needs of our client families.

“...the first essential component of social justice is adequate food for all mankind. Food is the moral right of all who are born into this world.”

~ Norman Borlaug

Good Luck Bill in Your Retirement

Bill Wolf has been with St. Joe's for 14 years as Maintenance Supervisor. We will certainly miss his smiling face and his sense of humor... Bill always has a joke to tell. Our best to you Bill in retirement!



Creative Ideas to Make Your Food Drive a Hit!

Donation Bags

We have plastic donation bags that can be distributed to participants to take home and return full of food. The bags serve as a reminder and list the items needed.



Competitions

Create competitions between classrooms, departments, groups or floors to see who will collect the most donations. Use number of items donated to determine the winner. Make sure the winners get a special prize for their winning donation!

Company Matches

Encourage your company to match your cash donation. Speak to your company management or Human Resource Department about a financial match program.

The Big Dare!

Who wouldn't want to see their boss or principal hit with a pie in the face? How about seeing your favorite coach get his head shaved?

Special Events

You can partner your food drive with a special event, using four or more cans of food as a full or reduced admission.

Have fun and use your imagination! St. Joe's has postcards, posters and donation bags to help you with your food drive!

Game On! Tell Us About Your Hi-Five Challenge!

Make the challenge to another school, classroom, Rotary, business, neighborhood, Bunco group, Book Club, sports team or company department (the opportunities are endless) to be a Hi-Five Club Member!

Join as a group or individually...

Only \$5 a month is what it takes to be a Hi-Five Club member! Issue the challenge and Give us your Hi-Five! You'll make a difference in the lives of those who depend on St. Joe's for their weekly food needs.

Send us a picture of your group and we'll post it on our website! Have fun with this Challenge and make it your own. Request brochures by calling us at 920/734-9461. Visit our website at www.stjoesfoodprogram.org and click on Hi-Five Club.

